



The Strategy of Dormitory Sunan Ampel Al-Aly's in Increasing Spiritual Intelligence in Students

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ABSTRACT

Spiritual Intelligence is very important for everyone to have, especially students at the private Islamic University of Maulana Malik Ibrahim Malang Because spiritual intelligence is the highest intelligence among other intelligence. By having high spiritual intelligence, a person will become a worthy person, both in terms of his faith and Islam. Private Islamic University of Maulana Malik Ibrahim Malang Maulana Malik Ibrahim Malang has a goal, namely to provide students with spiritual depth. So private Islamic University of Maulana Malik Ibrahim Malang implements several strategies to increase the spiritual intelligence of students at the private Islamic University of Maulana Malik Ibrahim Malang. This research uses qualitative research with a descriptive approach. The object of this research was carried out at the dormitory Sunan Ampel Al-Aly private Islamic University of Maulana Malik Ibrahim Malang. Data collection techniques use observation, interviews, and documentation. Data sources in this research include murobbi, musyrif, and students. The data analysis techniques used in this research are data reduction, data presentation, and drawing conclusions. The triangulation used to test the validity of the data is technique and source triangulation. The research results show that (1) dormitory Sunan Ampel Al-Aly's strategy for increasing spiritual intelligence in the student dormitory at the private Islamic University of Maulana Malik Ibrahim Malang consists of three stages: Emotional Clarification, Mental Development, and Personal and Social Resilience. In order to clarify emotions, dormitory Sunan Ampel Al-Aly implemented a program of ubudiyah activities: istighosah, wirdul lathif, rotibul haddad, tahlil, yasin, al-kahfi, tashih Al-Qur'an, and birthday diba'iyah. As for dormitory's mental development, Sunan Ampel Al-Aly held ta'lim afkar by studying the book qomi'ut tughyan. Furthermore, for personal and social resilience, dormitories Sunan Ampel Al-Aly held ta'lim afkar by studying the book of tadhhib. (2) The impact of Sunan Ampel Al-Aly's dormitory strategy in increasing spiritual intelligence in the students' dormitory at the private Islamic University of Maulana Malik Ibrahim Malang is: increasing spiritual awareness of students, strengthening mental and emotional resilience, improving the quality of interpersonal relationships.

Keywords: Strategy, Intelligence, Spiritual, Private Islamic University

INTRODUCTION

Science and technology are developing increasingly advanced, having an impact on students. Through print media or electronic media, we always find news that shows various student behaviors that are far from academic values. For example, many students are involved in immoral events, such as pornographic VCD cases, brawls, fights, and even high levels of crime. This phenomenon shows how religious education in universities is barely on target. The government is satisfied that it has required religious education as a mandatory subject in the curriculum. Religious teachers or lecturers feel satisfied that they have taught subject matter according to the curriculum. By memorizing religious lesson material, students feel they are religious. All parties are satisfied with the objectification of religion in the form of curriculum and report cards or course grades, but this is far from being implemented (Nurti dkk.2021).

In increasing spiritual intelligence there have been weaknesses or errors because the approaches, strategies, and methods used are still intellectual (Intelligence Quotient), that is, they only require students to know and memorize concepts, without touching the realms of their feelings, emotions and conscience, or by another word emotional (Emotional Quotient). Education provided, such as basic education to higher education, whether carried out in formal or non-formal institutions, should be a foundation for the personal formation of students. Leaders of educational institutions are the front guard and spearhead who are in direct contact with students to make education a success in Indonesia. Even in parts of the world. Students who have intellectual intelligence (IQ), emotional intelligence (EQ), and spiritual intelligence (SQ) aim to become complete human beings. These three factors are the big tasks that leaders of educational institutions must carry out (Al Mubdiu, 2020).

Spiritual intelligence is important to improve in order to realize good values and behavior in humans. This is in line with what Danah Zohar and Ian Marshall conveyed, spiritual intelligence as intelligence to deal with issues of meaning or value, namely intelligence to place our behavior and life in the context of a broader and richer meaning, intelligence to judge that one's actions or way of life are more meaningful than others. In other words, spiritual intelligence guides humans toward a peaceful life.

It is important to pay attention to the spiritual dimension, by developing existing intelligence potential. We could also see the spiritual urgency in education in the definition of education as stated in the National Education System Law No. 20 of 2003 Article 1, that education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have spiritual strength. Religion, self-control, personality, intelligence, noble character, and skills needed by oneself, society, nation, and state. It could be seen through this understanding of the importance of the goal of education, namely developing religious and spiritual strength. Therefore, it means increasing spirituality, which could be obtained through religious activities, which is expected to form religious spiritual strength.

Maulana Malik Ibrahim University Malang is one of the state Islamic Religious Universities (PTKIN) in Indonesia which includes a dormitory. In accordance with the vision and mission of Maulana Malik Ibrahim Malang University, namely: to deliver students and produce graduates who have spiritual depth, moral nobility, breadth of knowledge, and professional maturity. So Maulana Malik Ibrahim University Malang implements a system where new students are required to reside in a dormitory for a year or two semesters. Based on the author's initial observations, Mudir and dormitory caretaker Sunan Ampel Al-Aly have implemented various strategies to increase spiritual intelligence in students' dormitories through various activity programs including: *ta'lim*, *kultum*, *tashih Al-Qur'an*, *wirdul lathif*, congregational prayer, *istighosah*, *rotibul haddad*, *diba'an* (reading the birthday of the Prophet SAW), reciting Surah Yasin and *tahlil* and reciting of Surah Al-Kahf.

METHOD

The type of research used in this research is qualitative research. Qualitative research is research that is oriented towards natural phenomena or symptoms. Qualitative research is basic and naturalistic in nature, and could not be carried out in the laboratory, but in the field. Therefore, this kind of research is often called naturalistic inquiry, or field study. Bogdan and Biklen explain that qualitative research is a research procedure that produces descriptive data in the form of speech or writing and the behavior of people observed in a particular context which is studied from a complete, comprehensive, and holistic point of view (Amir H., 2021)

The approach used in this research uses a descriptive approach. A descriptive approach is research that attempts to provide an overview using words or presenting a problem profile, classification of types, or an outline of stages to answer the questions of who, when, where, and how. The reason the researcher chose qualitative descriptive research was because, in this research, there were no specific cases to be analyzed in depth. And researchers only want to describe or explain the conditions that exist in the field naturally. Regarding Mudir's dormitories Sunan Ampel Al-Aly's strategy for increasing spiritual intelligence in students' dormitories at the Private Islamic University of Maulana Malik Ibrahim Malang.

RESULT AND DISCUSSION

Sunan Ampel Al-Aly dormitory was a dormitory or residence for students at the Private Islamic University of Maulana Malik Ibrahim Malang. During the first two semesters. The establishment of Sunan Ampel Al-Aly dormitory was aimed at students at the Private Islamic University of Maulana Malik Ibrahim Malang. Because apart from having intellectual intelligence, at the Private Islamic University of Maulana Malik Ibrahim Malang also hoped that students could have spiritual depth. Because apart from the Intelligence Quotient and Emotional Quotient, the Spiritual Quotient was very important for every human being to have, especially students. So at the Private Islamic University of Maulana Malik Ibrahim Malang founded Sunan Ampel Al-Aly dormitory as a forum for students to study religion so that they became individuals who were religious, knowledgeable, charitable, had good morals, and had spiritual depth. One of Sunan Ampel Al-Aly's dormitory missions was to carry out tutoring between dormitory and University activities. This aimed to ensure that students could have balanced knowledge, insight, and intelligence between intellectual intelligence, emotional intelligence, and spiritual intelligence.

Spiritual Intelligence was a term that refers to a person's ability to understand and manage the spiritual aspects of their life. Spiritual intelligence SQ was often considered a dimension of intelligence that went beyond intellectual quotient (IQ) and emotional quotient (EQ). Although the term was not as popular as IQ and EQ, the concept of spiritual intelligence SQ had great significance in personal and spiritual development.

The strategy for increasing spiritual intelligence in Sunan Ampel Al-Aly student dormitory had superior programs, namely the *Ubudiyah* program and the *Ta'limul Afkar* program. In the *Ta'limul afkar* dormitory program, Sunan Ampel Al-Aly dormitory uses two books to increase the spiritual intelligence of students. These books were the Qomiut Tughyan book and the Tadzhib book.

Sunan Ampel Al-Aly's Strategy Dormitory in Increasing the Spiritual Intelligence of Students in the Student Dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang.

Sunan Ampel Al-Aly's dormitory strategy for increasing spiritual intelligence in students starts with clarifying emotions, mental development, and personal and social toughness.

- Emotional Clearing

Emotional clearing was a process in which a person actively recognizes, understands, and manages their emotions in a healthy and constructive manner. The goal of emotional clearing was to achieve emotional balance, improve mental well-being, and improve interpersonal relationships. Emotional clearing was also known to be an ongoing process and requires consistent practice. By practicing emotional clearing skills, a person could improve their emotional and mental well-being, as well as increase their ability to better face life's challenges.

Sunan Ampel Al-Aly's dormitory's first strategy in increasing the spiritual intelligence of students was by clarifying emotions. In order to clarify emotions, Sunan Ampel Al-Aly dormitory organized an *ubudiyah* activity program. The *ubudiyah* activities organized by Sunan Ampel Al-Aly dormitory included the reciting of *wirdul lathif*, *rotibul haddad*, *istighosah*, *surah yaasiin*, Al-Kahf, *tahlil and diba'an*. As a general model, *ubudiyah* activities at Sunan Ampel Al-Aly dormitory at the private Islamic University of Maulana Malik Ibrahim Malang were usually carried out regularly throughout the academic year. However, the specific schedule of these activities could vary from year to year and depending on the programs planned by the management of Sunan Ampel Al-Aly dormitory and the academic schedule at the private Islamic University of Maulana Malik Ibrahim Malang.

Through this *ubudiyah* activity, it was hoped that it could help students to have a calmer soul so that they were free from negative thoughts, misleading life problems, and anything that disturbed their minds. Because with this *ubudiyah* activity, the students recited verses from the Koran, did *dhikr* remembering Allah SWT, and the students would be closer to Allah SWT, God of the universe.

The final result of clearing emotions was someone who had inherent in his soul the characteristic of *ihsan*, where students felt that they were always being watched over by Allah SWT so that they would always did good and stayed away from His prohibitions. Clarifying emotions was one of the strategies that Sunan Ampel Al-Aly dormitory had implemented to increase spiritual intelligence in students.

This was in accordance with Ary Ginanjar's theory quoted by Jaeni Dahlan who revealed that in increasing spiritual intelligence in students the first step was to clarify the emotional meaning of the *ihsan* formulation. Emotional cleansing was a process where a person was frees the soul from the shackles of negativity and misleading life.

- **Mental Development**

Mental development referred to the process of developing and improving a person's mental or psychological aspects, including thoughts, attitudes, and behavior. It involved efforts to improve an individual's mental well-being, improved their quality of life, and helped them reach their full potential in various aspects of life. Mental development was essential to achieving optimal well-being and better coping with life's challenges. It involved sustained effort and self-awareness to continually improve one's mental and psychological aspects.

Sunan Ampel Al-Aly's dormitory in a second effort or strategy to increase spiritual intelligence in students was mental development. Sunan Ampel Al-Aly dormitory carried out the *ta'limul afkar* program, where students were trained, guided, and taught through the study of *Qomiut Tughyan*, the book that was discussed faith.

This was intended so that students could increase their faith. With strong and high faith, it was hoped that the spiritual mentality of students would be awakened. Faith was considered the main foundation that influenced the life of students in this world and the afterlife. If students could absorb, understand, and practice in their daily lives the learning of the faith then students were able to have a good perspective or mindset so that a spiritual mentality was formed in students. The benefits or goals of mental development were to increase and grow self-awareness, increase self-motivation, think positively, be more productive, and make the person better and more perfect.

Because without faith, students would feel like they had lost their direction and purpose in life. Without faith, students' lives would be empty, they would have no value and identity before Allah SWT, resulting in spiritual and mental weakness in students. This was in accordance with Ary Ginanjar's theory quoted by Jaeni Dahlan who revealed that in increasing spiritual intelligence in students the second step was mental development through faith. The aim of explaining or interpreting faith for mental development was so that humans always rely only on Allah SWT, were always sincere and willing to help others, always think before acting, had a strong personality, and inner peace.

- **Personal and Social Resilience**

Personal and social resilience in students' dormitories (students at advanced-level Islamic boarding schools) refers to their ability to face and survive in overcoming challenges, obstacles, and pressure in the Islamic boarding school educational environment. As part of an intensive religious and academic education process, students in dormitories are faced with various challenges that include physical, mental, emotional, and spiritual aspects.

This personal and social resilience was very important for dormitory students because it helped them face the unique challenges in the Islamic boarding school educational environment and helped them grow and develop as strong, faithful, and responsible individuals. Personal and social resilience was Sunan Ampel Al-Aly's dormitory third strategy for increasing spiritual intelligence in students. As for the program that was expected to support this, Sunan Ampel Al-Aly dormitory was holding a *Ta'limul Afkar* program by studying the book *At-tadzhib*. With guidance, direction, and learning through this book, it was hoped that students could increase their personal and social resilience.

Personal and social toughness was very important for students because, with these two toughness, students would definitely be able to interpret every life activity, likewise in the social arena, students are able to carry out social roles that are beneficial to fellow human beings, students don't just feel sufficient and satisfied with everything what he has, but was able to share and even be able to provide something for the common benefit.

This was in accordance with Ary Ginanjar's theory quoted by Jaeni Dahlan who revealed that in increasing spiritual intelligence in students, the third step was personal and social resilience in the meaning of the pillars of Islam. In personal resilience, humans are expected to be able to understand the creed, prayer for character building, and fasting for self-control from lust. Then, for social resilience, it was hoped that you could understand about *zakat* to understand the needs and interests of other people, about Hajj so that you become a person who was able to lead, guide others well, communicate smoothly, and be able to collaborate.

The Impact of Dormitory Sunan Ampel Al-Aly's Strategy in Increasing the Spiritual Intelligence of Students in the Student Dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang.

Sunan Ampel Al-Aly dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang had an important role in increasing the SQ (Spiritual Quotient) of students in the student dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang. The Private Islamic University of Maulana Malik Ibrahim Malang. Maulana Malik Ibrahim's strategy in providing an in-depth and holistic educational environment contributes significantly to increasing the spiritual intelligence of students for the student dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang. This helped them to grow and develop spiritually, morally, and psychologically in their journey in Islamic higher education. As there were three impacts of the strategy described above as follows:

- **Increasing Student's Spiritual Awareness**

Increased spiritual awareness was the process by which a person increases their understanding and awareness of the spiritual dimensions of their life. It involves developing a deeper understanding of the meaning of life, connection with oneself, others, nature, and a greater power.

Increasing the spiritual awareness of students in the student's dormitory at the private Islamic University of Maulana Malik Ibrahim Malang could be achieved through various strategies implemented in the Islamic Boarding School educational environment. By implementing these strategies, the student's dormitory at the private Islamic University of Maulana Malik Ibrahim Malang could help students to increase their spiritual awareness and develop a deeper connection with the spiritual aspects of their lives. This could bring great benefits in personal development, well-being, and achievement of their life goals.

- **Strengthening Mental and Emotional Resilience**

Strengthening mental and emotional resilience was the process of increasing a person's ability to cope with stress, pressure, and life's challenges in a healthy and adaptive way. This involves developing skills and strategies to manage emotions, strengthen mental well-being, and increase resilience to difficult situations. Improving mental and emotional resilience was an ongoing process and requires consistent practice. By developing these skills, a person could overcome life's obstacles more effectively and improve the overall quality of life.

Strengthening the mental and emotional resilience of Sunan Ampel Al-Aly students' dormitory at the private Islamic University of Maulana Malik Ibrahim Malang was an important process in supporting their psychological and spiritual well-being in the Islamic Boarding School educational environment. Strengthening the mental and emotional resilience of Sunan Ampel Al-Aly dormitory for students at the private Islamic University of Maulana Malik Ibrahim Malang aims to help them develop strength in facing life's challenges, improve their psychological well-being, and strengthen their faith and spirituality as part of the Islamic boarding school education experience.

- **Improving the Quality of Interpersonal Relationships**

Improving the quality of interpersonal relationships was a process in which individuals or groups work to improve and strengthen interactions between each other. It involved efforts to deepen emotional connections, increase levels of mutual understanding, and improve communication between the individuals or groups involved. The aim of improving the quality of interpersonal relationships was to create a more harmonious, supportive, and productive environment between individuals or groups, which allows for the creation of strong and sustainable bonds. Improving the quality of interpersonal relationships involves various steps to improve and strengthen relationships between individuals and other people.

Improving the quality of interpersonal relationships between students of Sunan Ampel Al-Aly dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang was an important aspect of their holistic self-development in the dormitory environment. Thus, improving the quality of interpersonal relations at Sunan Ampel Al-Aly dormitory for students at the private Islamic University of Maulana Malik Ibrahim Malang involved a combination of religious education, collaboration in group activities, participation in social activities, mentoring by teaching staff, development of communication skills, and self-reflection. This all aims to create an environment that supports positive personal growth and development among students.

CONCLUSIONS

Sunan Ampel Al-Aly dormitory at the Private Islamic University of Maulana Malik Ibrahim Malang strategy in increasing spiritual intelligence in students was to implement various steps and programs to strengthen the spiritual dimension of students, creating an environment that supports spiritual growth and religious diversity. The strategies used in this case are in accordance with Ary Ginanjar's theory which states that there are three strategies for increasing spiritual intelligence, namely: emotional clarity, mental development, and personal and social toughness.

The implications or impacts of Sunan Ampel Al-Aly's dormitory strategy in increasing spiritual intelligence for students' dormitory at the private Islamic University of Maulana Malik Ibrahim Malang are as follows: Increasing spiritual awareness of students, strengthening mental and emotional resilience, improving the quality of interpersonal relationships.

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